

# PRESS RELEASE

## Shangri-La Corporation

For Immediate Release  
June 17, 2013



### **Adults with developmental disabilities have a new option in housing providers**

*Shangri-La expands its supported living services to include Polk and Yamhill counties*

*Salem, Ore. – June 17, 2013* – Shangri-La is now offering supported living services to adults with developmental disabilities in Polk and Yamhill counties. Shangri-La's Supported Living Program is designed to meet the needs of individuals with developmental disabilities who are able to live independently, but still need occasional supports.

Living in their own home, individuals enjoy the opportunity to choose where and with whom they want to live. Shangri-La's highly trained support specialists provide ongoing supports to help individuals sustain their choices, safety and wellness based on the needs and preferences defined in their Individual Support Plan.

Some of the specific supported living services offered by Shangri-La include:

- Medical appointment scheduling and medication management
- Caregiving and behavioral supports
- Personal (mobility, hygiene, dressing, bathing) and environmental (meal planning, budgeting, housecleaning, laundry) skills training
- Community inclusion, participation, and outing supports
- Training to help increase a family's ability to care for and support their family member

In addition to Polk and Yamhill counties, Shangri-La also provides supported living services in Marion, Lane and Lincoln counties.

"I am pleased to bring housing supports to these communities so people who want services have another choice of providers", said Karen Rutledge, Shangri-La's CEO.

Intake, referral, or tour information can be obtained by contacting Shangri-La's Intake and Referral Coordinator at 503-581-172, x321.

Shangri-La is a 501(c)3 non-profit human services organization dedicated to providing "Homes, Jobs, and Supports ... one person at a time" to Oregonians with disabilities, mental illnesses, or economic challenges in Marion, Polk, Yamhill, Linn, Benton, Washington, Clackamas, Lincoln and Lane counties.

To learn more, please visit: [www.ShangriLaCorp.org](http://www.ShangriLaCorp.org)

###

#### **Shangri-La Corporation**

Address | 4080 Reed Road SE #150 | Salem, Oregon 97302

Phone | 503-581-1732

Website | [www.shangrilacorp.org](http://www.shangrilacorp.org)

#### **Contact:**

Karen Rutledge, Shangri-La CEO

Phone | 503-581-1732, x350

Email | [krutledge@shangrilacorp.org](mailto:krutledge@shangrilacorp.org)